**Internship Progress Follow-up Report**

**Date:** 24 Jun 2025  
**Reported by:** Hamza Sajjad  
**Internship Hours:** 9:00 AM – 2:00 PM

**Objective:**

To monitor the **Day 2 progress** of all assigned internees by sending regular check-in messages at 10-minute intervals during the working hours (9:00 AM – 1:30 PM) and collecting their responses regarding task completion and ongoing progress.

**Method:**

Messages were sent to all internees after every 10 minutes from **9:00 AM to 1:30 PM**. This was done to ensure continuous monitoring and engagement throughout the internship day.

**Message Timer Log:**

| **Time Sent** | **Status** |
| --- | --- |
| 9:00 AM | Initial progress check sent |
| 9:10 AM | Follow-up message sent |
| 9:20 AM | Follow-up message sent |
| 9:30 AM | Follow-up message sent |
| 9:40 AM | Follow-up message sent |
| 9:50 AM | Follow-up message sent |
| 10:00 AM | Follow-up message sent |
| 10:10 AM | Follow-up message sent |
| 10:20 AM | Follow-up message sent |
| 10:30 AM | Follow-up message sent |
| 10:40 AM | Follow-up message sent |
| 10:50 AM | Follow-up message sent |
| 11:00 AM | Follow-up message sent |
| 11:10 AM | Follow-up message sent |
| 11:20 AM | Follow-up message sent |
| 11:30 AM | Follow-up message sent |
| 11:40 AM | Follow-up message sent |
| 11:50 AM | Follow-up message sent |
| 12:00 PM | Follow-up message sent |
| 12:10 PM | Follow-up message sent |
| 12:20 PM | Follow-up message sent |
| 12:30 PM | Follow-up message sent |
| 12:40 PM | Follow-up message sent |
| 12:50 PM | Follow-up message sent |
| 1:00 PM | Follow-up message sent |
| 1:10 PM | Follow-up message sent |
| 1:20 PM | Follow-up message sent |
| 1:30 PM | Final follow-up message sent |

**Intern Responses:**

The following internees responded to my messages and shared their Day 2 progress updates:

* **Atzaz**
* **Tooba**
* **Maaz**
* **Mazhar**
* **Umme Habiba**
* **Mahnoor**

Each of them provided brief overviews of their ongoing tasks, reflecting satisfactory engagement and work continuation.